

**S.S.A. GOVT. COLLEGE OF ARTS & COMMERCE
VIRNODA, PERNEM, GOA.**

No. S.S.A.GCAC/Ped/Sports/25-26/

Date: 17/06/2025

NOTICE

To commemorate 11th IYD, the Department of Physical Education, Sports & Exercise Sciences in association with NCC unit of the College is organizing a Yoga Session on the theme '**Yoga for One Earth, One Health**' on 21 June 2025, in the college multipurpose hall from 9.00 am onwards.

Attendance is compulsory for the teaching, non- teaching staff and the students.

Participants kindly note that:

- All are requested to wear track pants & T-shirts and carry your Yoga Mats
- Participants are requested to assemble in the College Multipurpose Hall by 8.45 am
- Participants must register their names on the attendance register on entering the hall.

Looking forward to your participation and engagement in an energy filled yoga session.

Prof.  Costa 18/6/25

Principal

Copy to:

1. Classroom Reading
2. Students' Sports Notice Board
3. WhatsApp groups
4. Subject File
5. Guard File